

Voice Coaching for Coaches

Our **Voice Coaching for Coaches** will give you a greater understanding of the power and influence of the human voice. It will help you use your voice with more flexibility and give you more choices to benefit your clients and your business role.

The influence of your voice as a coach cannot be overestimated. Your voice-use influences the meaning of what you say by almost 50%. On the phone the influence increases to about 80%. It will impact on your listener's emotions and their thoughts.

"Kate - it was the best yet! You were fantastic and the delegates loved the session."

Kim Morgan, Barefoot Coaching

As a coach you have a dual challenge for your voice communication. You need the flexibility for working with a variety of clients, helping them achieve their different outcomes; you also have a business agenda promoting your coaching business. We can help you learn more about your voice and its potential to enhance your coaching and help you win new clients.



Amazingly, how you use your voice will influence the way you look, sit, stand, and behave, as well as influence your thoughts and your choice of words. We will give you new insights into how the voice can give you clues to a person's emotional state, and how you can use our voice-led coaching to change a person's state.

Our Voice Coaching for Coaches can include:

- Learning how the voice works, how to use it, how look after it and make the most of it
- Finding your authentic voice, your distinctive, most natural voice
- Working your voice, for instance, learning ways to enrich the quality and resonance of your speaking voice and using your voice with greater flexibility for influencing others
- Awareness of delivery styles for effective coaching work, including the impact of rhythm, pace, pause, pitch and intonation
- Giving you insights into how the voice can reveal a person's state and how to use the voice-led coaching approach to help change a person's state
- Learning how listeners listen and what they need from the speaker
- Influential techniques for optimum voice: breathing, posture, exercises, relaxation work
- Speaking with confidence to sell yourself and deliver your business messages

How it Works

After an initial conversation with you we will submit a proposal for your bespoke programme to help you get the results you want. This may be one session or a series of sessions. We deliver group training, workshops or one-to-one coaching. We are happy to come to you or arrange a venue to suit anywhere in the UK, including our recommended venue in Bloomsbury, London.

Our Approach

Our approach is primarily a 'get-up-and-do' practical one, focussing on the 'how-to' to give clients tangible ideas to put into practise. Our niche expertise works well built into in-house or externally provided management and leadership programmes.

Do get in touch to see how we might be able to help you by either calling us on **+44(0) 1332 727305** or send us an email: **info@katelee.co.uk**.

Our Experience

Kate Lee's career has focussed around the voice. Initially as a professional actor and voice artist then for the past fifteen years as a voice coach in business and broadcasting. Along the way, she has worked with innumerable freelance and in-house coaches. She feels passionately that learning a greater insight into the power of the voice is an invaluable tool for coaches.



"Your Voice Coaching for Trainers & Coaches was one of the best courses received."
Delivered for four years for HSBC Bank

"I believe Kate's personality (confident, calm, knowledgeable) allowed me to enjoy and take in all the key points in the course. Intensive, perceptive, excellent. Invaluable ideas for working with my team"
Senior manager, Norwich Union/Aviva

"The transformation was incredible, not only did Kate develop my speech but she also taught me skills that helped me manage myself which in turn has enhanced my teams performance and output. A priceless investment now enabling me to reach for new heights. Thank you Kate."
Project Manager, Emcor

"Kate Lee is a wonderful voice coach. As a busy and often stressed journalist, the voice is often the last thing you think about. She made me understand just how important it is, and gave me practical tips to help me improve. Her advice has been invaluable."
Katie Razzall, Presenter / Reporter Channel 4 News

"Excellent! I absolutely loved it - absolutely great to learn and discover so many things about the voice and the impact of our announcements. Kate is knowledgeable and there was a good balance of theory and practical. She was attentive to detail - feels like a 1-2-1 even with everyone else there."
Customer Service Team, Eurostar

About Kate Lee Communications

For over fifteen years Kate Lee has delivered voice communication, personal impact and influential presentation programmes to an impressive client list. Originally a professional actor, she was a pioneer of bringing voice and professional performance into the business context, focussing on the behaviours associated with excellent communication. Kate offers a unique skill-set: a voice specialist, a professional performer and an experienced business coach.

Business Training

Our Voice Communication and Presentation Coaching Programmes have helped a range of professional communicators, leaders, executives and entrepreneurs transform their communication style with stunning results.

Business clients include: Eurostar, Bombardier, Emcor, Natwest, EDF Energy, Tenon Group, Pfizer, EMDA, Business Link, Norwich Union/Aviva, East Midlands Trains, Aggregate Industries, BDO Stoy Hayward, several City & County Councils and dozens of SMEs and individuals.

"Kate has received universal acclaim from our corporate clients whose time with her achieved results ranging from a significant polish to a total transformation."

Clive Hook, Clearworth: (Leadership Programme Director, EDF Energy)

Broadcast Training

Kate Lee is also an established coach for the UK broadcasting industry, where she has trained hundreds of radio and television presenters and journalists for the BBC and throughout the independent sector from new talent to evening news presenters.

Broadcast clients include: BBC Radio & TV, ITN, ITV, Channel 4 News, LBC, Heart fm, Capital Radio, Smooth Radio, Classic fm, Talksport and dozens more independent stations.

"Kate is great. She instantly helped me identify what I needed to do to improve my voice, and how to do it. A delight to work with." **Keme Nzerem, Channel 4 News**

Kate Lee Communications Training and Coaching includes:

- Influential Communication Coaching**
- Business Presentation Skills**
- Lead & Manage with Impact & Influence**
- Raising Personal Presence & Impact**
- Executive Voice Coaching for Leaders and Entrepreneurs**
- Professional Voice Coaching** for Broadcasters, Telephone Professionals, Public Announcements, Trainers, Coaches & Teachers. Bespoke Programmes
- Public Speaking**
- Career & Interview Coaching**

